

# Hudson Youth Soccer Preseason Meeting

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- **Coaches Agenda**

- New England Revolution Academy Partnership
- Grade Group Dates and Times
- Small-sided Games
- Practice Session Plans
- Miscellaneous



# New England Revolution Academy Partnership

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- **Why**

- Player and Coach Development
- Educate – Connect – Inspire



# New England Revolution Academy Partnership

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- **Why**

- **Player and Coach Development**

- Provide player development pathway
- Provide consistent coaching
- Provide consistent curricula
- Prepare players for high school and beyond



# New England Revolution Academy Partnership

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- **Why**
  - **Educate – Connect – Inspire**



# New England Revolution Academy Partnership

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- **Overview**

- Player Development Goals
- Group Practices
- Group Practice Format
- Skills Training



# New England Revolution Academy Partnership

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- **Overview**

- **Player Development Goals**

- Enhance player mastery of skills and techniques
- Promote player awareness and insight into the game
- Encourage a high level of player confidence
- Build enthusiasm, passion, and continued love of game



# New England Revolution Academy Partnership

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- **Overview**

- **Group Practices**

- One day per week, all age groups
- Practice session plans same each age group
- Academy coaches alongside parent coaches
- Consistency among teams
- Same level of instruction and technique
- Improved player evaluations



# New England Revolution Academy Partnership

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- **Overview**
  - **Group Practice Format**





# New England Revolution Academy Partnership

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- **Overview**

- **Skills training**

- One day per week, all age groups
    - Fundamental soccer skills
    - Attacking, defending and transitioning
    - Playing under pressure
    - Goalkeeping



# Grade Group Dates and Times

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- **HYSA Spring 2018 Programs**



# Small-Sided Games

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- **3v3, 4v4, 7v7, 9v9** (game “like”, flexible)
- **Why**
  - Fewer players and smaller fields result in more touches
  - More touches result in improved skills and more decisions
  - More decisions result in more chances for learning and development
  - More chances for learning and development lead to improved confidence and comfort with/without the ball
  - Improved confidence results in less stress and more fun



# Practice Session Plans

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- Sample Session Plans (Grade 1/2)



# Miscellaneous

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- Adult and CORI Registrations
- Coaching Credentials
- Team Rosters
- Sports Pilot Messaging
- Equipment Bags



# Miscellaneous

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- NVYSL Highlights
- Referees
- Code of Conduct
- Defining Success



# NVYSL Highlights

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- **Read the NVYSL manual**
  - League operations, rules of competition, cancelations
- **Game Day**
  - Bring MYSA coach credential
  - Bring two copies of official roster
  - Bring player ID cards (MTOC teams)
  - Bring completed referee card (home games)
  - Bring equipment bag
  - Player uniforms (shirt, shorts, socks, shin guards, cleats)



# NVYSL Highlights

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- **Post Game**

- Shake hands of opponents and referees
- Report score at [HYSA.org](http://HYSA.org) by Sunday evening
- Complete referee evaluation





# Referees

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- **Reminders**

- Respect referees at all times (zero tolerance)
- Leave room for referees to travel sidelines
- Referees will verify credentials
- No coaches on sideline without a credential
- Parents cannot substitute without a credential



# Code of Conduct

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- **Highlights**

- Agreed to at time of registration
- Respect all opposing parents, players and coaches
- Respect all referees
- Promote good sportsmanship
- Zero tolerance



# Defining Success

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- **Players have fun and develop a love of the game**
- **Coaches and parents focus on player development**
- **Each season**
  - Players improve fundamental skills
  - Players improve understanding of the game
  - Players learn teamwork and the value of hard work
- **Players return the following season**



# Additional Information

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Hudson Youth Soccer Association, [www.hysa.org](http://www.hysa.org)



Revolution Academy, [www.revolutionsoccer.net](http://www.revolutionsoccer.net)



Nashoba Valley Youth Soccer League, [www.nvysl.org](http://www.nvysl.org)



Massachusetts Youth Soccer, [www.mayouthsoccer.org](http://www.mayouthsoccer.org)



United States Youth Soccer, [www.usyouthsoccer.org](http://www.usyouthsoccer.org)

# THE END

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- Questions and Answers

